



# Lesotho

## Countdown to 2030

Women's, Children's & Adolescents' Health

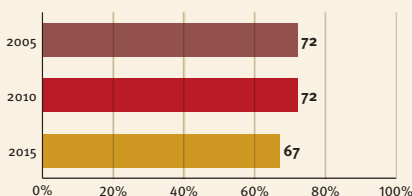
### Demographics

Population	2 204 000
Annual births	61 000
Children under 5	286 000 (13%)
Under 5 mortality	94/1 000

### Threats to Early Childhood Development

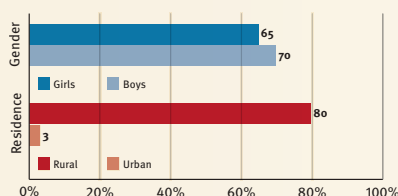
Maternal mortality	487/100 000	Young mothers (births by 18y)	14%
Low birthweight	11%	Preterm births	12%
Child poverty	54%	Under 5 stunting	33%
Harsh punishment	no data	Inadequate supervision	no data

### Young children at risk of poor development

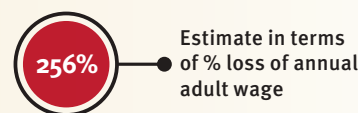


At risk in 2005, 2010 and 2015, using a composite indicator of under 5 stunting or poverty

### Risks by gender and residence



### Lifetime cost of growth deficit in early childhood



## Support and services for Early Childhood Development: Nurturing Care

Parents and caregivers need a facilitating environment of laws, policies, services and community support to assist them to provide their young children with nurturing care.

## Support and services for Early Childhood Development: Facilitating Environments

### Health

- Pregant women living with HIV on treatment: 74%
- Careseeking for child pneumonia: 63%
- Women receive 4 antenatal care visits: 66%
- Postnatal newborn care: 62%

### Nutrition

- Early initiation of breastfeeding: 65%
- Exclusive breastfeeding: 67%
- Minimum acceptable diet: 11%

### Early Learning

- Homes have children's books: no data
- Children have support for learning: no data
- Children have playthings at home: no data
- Attendance in early childhood education: no data



### Responsive Caregiving

- Public information about ECD
- Parental mental health
- Parent support (groups, home visits)
- Quality child day care
- Comparative country data urgently needed

### Security and Safety

- Birth registration: 43%
- Positive discipline: no data
- Basic drinking water: 72%
- Basic sanitation: 44%

### Policies

✗	Paid maternity leave	✗	Paid paternity leave
✓	National minimum wage		
✗	Child and family social protection		
✗	International Code of Marketing of Breastmilk Substitutes		

### International Conventions

✓	Convention on the Rights of the Child
✓	Convention on the Rights of People with Disabilities
✓	CRC Sale of Children, Child Prostitution & Child Pornography
✓	Convention on Protection of Children and Cooperation in Respect of Intercountry Adoption