Myanmar

Countdown *to 2030*
Women's, Children's & Adolescents' Health

Demographics

Population	52 885 000
Annual births	944 000
Children under 5	4 538 000 (9%)
Under 5 mortality	51/1 000

Threats to Early Childhood Development

Maternal mortality	178/100 000	Young mothers (births by 18y)	5%
Low birthweight	9%	Preterm births	12%
Child poverty	11%	Under 5 stunting	35%
Harsh punishment	77%	Inadequate supervision	54%

Young children at risk of poor development
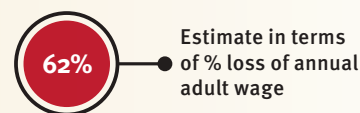
Year	%
2005	44
2010	38
2015	33
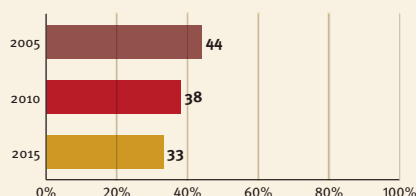
At risk in 2005, 2010 and 2015, using a composite indicator of under 5 stunting or poverty

Risks by gender and residence

Gender: no data (Girls, Boys)

Residence: no data (Rural, Urban)
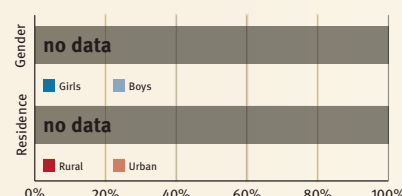
Lifetime cost of growth deficit in early childhood

62% — Estimate in terms of % loss of annual adult wage

Support and services for Early Childhood Development:
Nurturing Care

Parents and caregivers need a facilitating environment of laws, policies, services and community support to assist them to provide their young children with nurturing care.

Support and services for Early Childhood Development:
Facilitating Environments

Health

Pregant women living with HIV on treatment **87%**

Careseeking for child pneumonia **58%**

Postnatal newborn care **71%**

Women receive 4 antenatal care visits **59%**

Nutrition

Early initation of breastfeeding	67
Exclusive breastfeeding	51
Minimum acceptable diet	16

Early Learning

Children have support for learning **13%**

Homes have children's books **72%**

Children have playthings at home **5%**

Attendance in early childhood education **23%**

Responsive Caregiving

Public information about ECD
Parental mental health
Parent support (groups, home visits)
Quality child day care

?

Comparative country data urgently needed

Security and Safety

Birth registration	81
Positive discipline	no data
Basic drinking water	68
Basic sanitation	65

Policies

✗ Paid maternity leave	✗ Paid paternity leave
✗ National minimum wage	
✗ Child and family social protection	
✔ International Code of Marketing of Breastmilk Substitutes	

International Conventions

✔ Convention on the Rights of the Child
✔ Convention on the Rights of People with Disabilities
✔ CRC Sale of Children, Child Prostitution & Child Pornography
✗ Convention on Protection of Children and Cooperation in Respect of Intercountry Adoption