



# Nepal

Countdown to 2030

Women's, Children's & Adolescents' Health

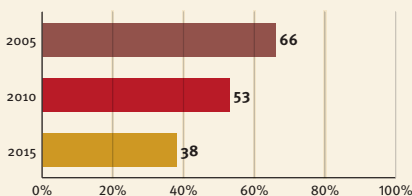
## Demographics

Population	28 983 000
Annual births	573 000
Children under 5	2 756 000 (10%)
Under 5 mortality	35/1 000

## Threats to Early Childhood Development

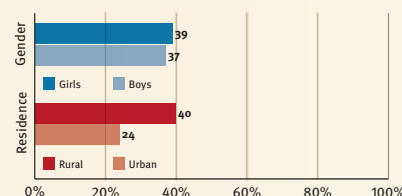
Maternal mortality	258/100 000	Young mothers (births by 18y)	16%
Low birthweight	18%	Preterm births	14%
Child poverty	12%	Under 5 stunting	37%
Harsh punishment	82%	Inadequate supervision	67%

## Young children at risk of poor development

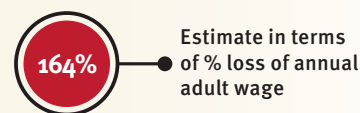


At risk in 2005, 2010 and 2015, using a composite indicator of under 5 stunting or poverty

## Risks by gender and residence



## Lifetime cost of growth deficit in early childhood



## Support and services for Early Childhood Development: Nurturing Care

Parents and caregivers need a facilitating environment of laws, policies, services and community support to assist them to provide their young children with nurturing care.

## Support and services for Early Childhood Development: Facilitating Environments

### Health

- Pregant women living with HIV on treatment: 64%
- Careseeking for child pneumonia: 85%
- Postnatal newborn care: 57%
- Women receive 4 antenatal care visits: 69%

### Nutrition

- Early initiation of breastfeeding: 55%
- Exclusive breastfeeding: 66%
- Minimum acceptable diet: 32%

### Early Learning

- Homes have children's books: 59%
- Children have support for learning: 21%
- Children have playthings at home: 5%
- Attendance in early childhood education: 51%



### Responsive Caregiving

- Public information about ECD
- Parental mental health
- Parent support (groups, home visits)
- Quality child day care
- Comparative country data urgently needed

### Security and Safety

- Birth registration: 58%
- Positive discipline: no data
- Basic drinking water: 88%
- Basic sanitation: 46%

### Policies

✗	Paid maternity leave	✗	Paid paternity leave
✓	National minimum wage		
✗	Child and family social protection		
✓	International Code of Marketing of Breastmilk Substitutes		

### International Conventions

✓	Convention on the Rights of the Child
✓	Convention on the Rights of People with Disabilities
✓	CRC Sale of Children, Child Prostitution & Child Pornography
✗	Convention on Protection of Children and Cooperation in Respect of Intercountry Adoption