

# **Timor-Leste**

### Countdown to 2030

Women's, Children's & Adolescents' Health

#### **Demographics**

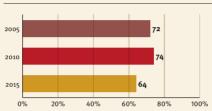
| Population        | 1 269 000     |
|-------------------|---------------|
| Annual births     | 44 000        |
| Children under 5  | 206 000 (16%) |
| Under 5 mortality | 50/1 000      |

#### Threats to Early Childhood Development

| Maternal mortality | 215/100 000 |
|--------------------|-------------|
| Low birthweight    | 12%         |
| Child poverty      | 44%         |
| Harsh punishment   | no data     |

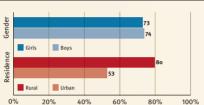
| Young mothers (births by 18y) | 9%      |
|-------------------------------|---------|
| Preterm births                | 12%     |
| Under 5 stunting              | 50%     |
| Inadequate supervision        | no data |

### Young children at risk of poor development

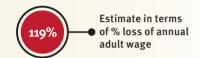


At risk in 2005, 2010 and 2015, using a composite indicator of under 5 stunting or poverty

#### Risks by gender and residence



Lifetime cost of growth deficit in early childhood



### Support and services for Early Childhood **Development:**

## **Nurturing Care**

Parents and caregivers need a facilitating environment of laws, policies, services and community support to assist them to provide their young children with nurturing care.

Support and services for Early Childhood **Development:** 

# **Facilitating Environments**

#### 100% Nutrition Health Pregant women living Early initation of breastfeeding with HIV on treatment no Careseeking Postnatal Exclusive 62 for child data newborn breastfeeding pneumonia Minimum Women acceptable diet receive 4 antenatal care 25% 50% 75% visits



Attendance in early childhood education registration no Positive discipline data drinking water

Parental mental health Parent support (groups, home visits) Quality child day care Comparative country

data urgently needed

Responsive Caregiving

Public information about ECD

| Policies |   |   |                      |  |
|----------|---|---|----------------------|--|
| ×        | Paid maternity leave                                      | ~ | Paid paternity leave |  |
| ×        | National minimum wage                                     |   |                      |  |
| ×        | Child and family social protection                        |   |                      |  |
| ×        | International Code of Marketing of Breastmilk Substitutes |   |                      |  |

| International Conventions |  |  |  |  |
|---------------------------|--|--|--|--|
| ~                         | Convention on the Rights of the Child  |  |  |  |
| V                         | Convention on the Rights of People with Disabilities                                     |  |  |  |
| ×                         | CRC Sale of Children, Child Prostitution & Child Pornography                             |  |  |  |
| ×                         | Convention on Protection of Children and Cooperation in Respect of Intercountry Adoption |  |  |  |

50% 75%

and Safety

no data

Birth

Basic

Basic sanitation