



# Afghanistan

Countdown to 2030

Women's, Children's & Adolescents' Health

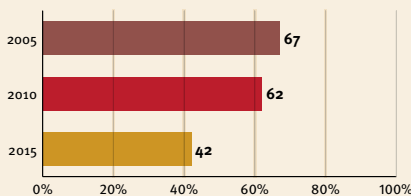
## Demographics

Population	34 656 000
Annual births	1 143 000
Children under 5	5 233 000 (15%)
Under 5 mortality	70/1 000

## Threats to Early Childhood Development

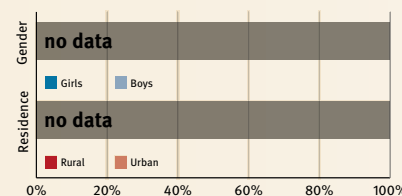
Maternal mortality	396/100 000	Young mothers (births by 18y)	20%
Low birthweight	no data	Preterm births	11%
Child poverty	no data	Under 5 stunting	41%
Harsh punishment	74%	Inadequate supervision	73%

## Young children at risk of poor development



At risk in 2005, 2010 and 2015, using a composite indicator of under 5 stunting or poverty

## Risks by gender and residence



## Lifetime cost of growth deficit in early childhood



Estimate in terms of % loss of annual adult wage

## Support and services for Early Childhood Development: Nurturing Care

Parents and caregivers need a facilitating environment of laws, policies, services and community support to assist them to provide their young children with nurturing care.

## Support and services for Early Childhood Development: Facilitating Environments

### Health

- Pregnant women living with HIV on treatment: 63%
- Careseeking for child pneumonia: 5%
- Postnatal newborn care: 40%
- Women receive 4 antenatal care visits: 18%

### Nutrition

- Early initiation of breastfeeding: 41%
- Exclusive breastfeeding: 43%
- Minimum acceptable diet: 16%

### Early Learning

- Homes have children's books: 53%
- Children have support for learning: 40%
- Children have playthings at home: 2%
- Attendance in early childhood education: 1%



### Responsive Caregiving

- Public information about ECD
- Parental mental health
- Parent support (groups, home visits)
- Quality child day care
- Comparative country data urgently needed

### Security and Safety

- Birth registration: 42%
- Positive discipline: no data
- Basic drinking water: 63%
- Basic sanitation: 39%

### Policies

✗	Paid maternity leave	✓	Paid paternity leave
✓	National minimum wage		
no data	Child and family social protection		
✓	International Code of Marketing of Breastmilk Substitutes		

### International Conventions

✓	Convention on the Rights of the Child
✓	Convention on the Rights of People with Disabilities
✓	CRC Sale of Children, Child Prostitution & Child Pornography
✗	Convention on Protection of Children and Cooperation in Respect of Intercountry Adoption