Honduras

Demographics
Population 9,113,000
Annual births 198,000
Children under 5 951,000 (10%)
Under 5 mortality 19/1,000

Threats to Early Childhood Development
Maternal mortality 129/100,000
Low birthweight 10%
Child poverty 20%
Harsh punishment no data

Young mothers (births by 18y) 22%
Preterm births 12%
Under 5 stunting 23%
Inadequate supervision 48%

Health
Pregnant women living with HIV on treatment 64%
Women receive 4 antenatal care visits 85%
Postnatal newborn care 89%

Nutrition
Early initiation of breastfeeding 64%
Exclusive breastfeeding 31%
Minimum acceptable diet 54%

Responsive Caregiving
Public information about ECD
Parental mental health
Parent support (groups, home visits)
Quality child day care

Support and services for Early Childhood Development:
Nurturing Care
Parents and caregivers need a facilitating environment of laws, policies, services and community support to assist them to provide their young children with nurturing care.

Support and services for Early Childhood Development:
Facilitating Environments

Policies
- ✔ Paid maternity leave
- ✔ National minimum wage
- ✔ Child and family social protection
- ✔ International Code of Marketing of Breastmilk Substitutes

International Conventions
- ✔ Convention on the Rights of the Child
- ✔ Convention on the Rights of People with Disabilities
- ✔ CRC Sale of Children, Child Prostitution & Child Pornography
- ✔ Convention on Protection of Children and Cooperation in Respect of Intercountry Adoption

Nutrition
Minimum acceptable diet

Estimate in terms of % loss of annual adult wage 229%

At risk in 2005, 2010 and 2015, using a composite indicator of under 5 stunting or poverty

Early Learning
Children have support for learning 4%
Children have playthings at home 11%
Attendance in early childhood education 4%

Security and Safety
Birth registration 94%
Positive discipline no data
Basic drinking water 92%
Basic sanitation 80%

Residence
Girls Boys
Rural 16 49
Urban 35 33

Policies
- ✔ Paid maternity leave
- ✔ Paid paternity leave

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Country profiles available from nurturing-care.org

Countdown to 2030
Women’s, Children’s & Adolescents’ Health

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