



Mexico

Countdown to 2030

Women's, Children's & Adolescents' Health

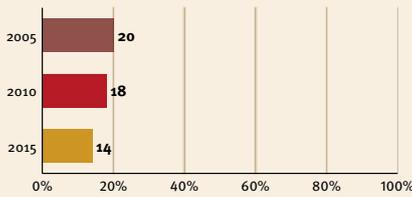
Demographics

Population	127 540 000
Annual births	2 330 000
Children under 5	11 581 000 (9%)
Under 5 mortality	15/1 000

Threats to Early Childhood Development

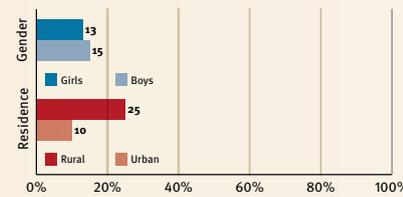
Maternal mortality	38/100 000	Young mothers (births by 18y)	21%
Low birthweight	9%	Preterm births	7%
Child poverty	3%	Under 5 stunting	12%
Harsh punishment	63%	Inadequate supervision	76%

Young children at risk of poor development

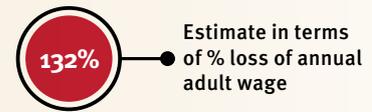


At risk in 2005, 2010 and 2015, using a composite indicator of under 5 stunting or poverty

Risks by gender and residence



Lifetime cost of growth deficit in early childhood



Support and services for Early Childhood Development: Nurturing Care

Parents and caregivers need a facilitating environment of laws, policies, services and community support to assist them to provide their young children with nurturing care.

Support and services for Early Childhood Development: Facilitating Environments

Health

- Pregnant women living with HIV on treatment: 94%
- Careseeking for child pneumonia: 73%
- Women receive 4 antenatal care visits: 95%
- Postnatal newborn care: 58%

Nutrition

- Early initiation of breastfeeding: 51%
- Exclusive breastfeeding: 31%
- Minimum acceptable diet: 53%

Early Learning

- Homes have children's books: 76%
- Children have support for learning: 5%
- Children have playthings at home: 35%
- Attendance in early childhood education: 60%



Responsive Caregiving

- Public information about ECD
- Parental mental health
- Parent support (groups, home visits)
- Quality child day care
- Comparative country data urgently needed

Security and Safety

- Birth registration: 95%
- Positive discipline: no data
- Basic drinking water: 98%
- Basic sanitation: 89%

Policies

✗ Paid maternity leave	✓ Paid paternity leave
✓ National minimum wage	
✓ Child and family social protection	
✓ International Code of Marketing of Breastmilk Substitutes	

International Conventions

✓ Convention on the Rights of the Child
✓ Convention on the Rights of People with Disabilities
✓ CRC Sale of Children, Child Prostitution & Child Pornography
✓ Convention on Protection of Children and Cooperation in Respect of Intercountry Adoption