Panama

Demographics
Population: 4,034,000
Annual births: 79,000
Children under 5: 388,000 (10%)
Under 5 mortality: 16/1000

Threats to Early Childhood Development
Maternal mortality: 94/100,000
Low birthweight: 8%
Child poverty: no data
Harsh punishment: 45%

Support and services for Early Childhood Development:
Nurturing Care
Parents and caregivers need a facilitating environment of laws, policies, services and community support to assist them to provide their young children with nurturing care.

Support and services for Early Childhood Development:
Facilitating Environments

Countdown to 2030
Women’s, Children’s & Adolescents’ Health

Nutrition
Early initiation of breastfeeding
Exclusive breastfeeding
Minimum acceptable diet

Health
Pregnant women living with HIV on treatment
Careseeking for child pneumonia
Women receive 4 antenatal care visits
Postnatal newborn care

Early Learning
Children have support for learning
Children have playthings at home
Attendance in early childhood education

Security and Safety
Birth registration
Positive discipline
Basic drinking water
Basic sanitation

Responsive Caregiving
Public information about ECD
Parental mental health
Parent support (groups, home visits)
Quality child day care

International Conventions
✔ Convention on the Rights of the Child
✔ Convention on the Rights of People with Disabilities
✔ CRC Sale of Children, Child Prostitution & Child Pornography
✔ Convention on Protection of Children and Cooperation in Respect of Intercountry Adoption

Policies
✔ Paid maternity leave
✘ Paid paternity leave
✔ National minimum wage
✔ Child and family social protection
✔ International Code of Marketing of Breastmilk Substitutes

Lifetime cost of growth deficit in early childhood
Estimate in terms of % loss of annual adult wage
90%

At risk in 2005, 2010 and 2015, using a composite indicator of under 5 stunting or poverty

Pregnant women living with HIV on treatment

Minimum acceptable diet
Girls: 3% (2005), 69% (2010), 37% (2015)
Boys: 6% (2005), 77% (2010), 77% (2015)

Children have support for learning
Girls: 3% (2005), 69% (2010), 37% (2015)
Boys: 3% (2005), 69% (2010), 37% (2015)

Children have playthings at home
Girls: 26% (2005), 26% (2010), 26% (2015)
Boys: 26% (2005), 26% (2010), 26% (2015)

Attendance in early childhood education
Girls: 24% (2005), 18% (2010), 15% (2015)
Boys: 24% (2005), 18% (2010), 15% (2015)

Preschool education
Girls: 90% (2005), 90% (2008), 90% (2015)
Boys: 82% (2005), 82% (2008), 82% (2015)

Basic drinking water
Girls: 88% (2005), 92% (2010), 92% (2015)
Boys: 92% (2005), 92% (2010), 92% (2015)

Basic sanitation
Girls: 88% (2005), 92% (2010), 92% (2015)
Boys: 92% (2005), 92% (2010), 92% (2015)

Birth registration
Girls: 96% (2005), 96% (2010), 96% (2015)
Boys: 96% (2005), 96% (2010), 96% (2015)

Positive discipline
Girls: 95% (2005), 95% (2010), 95% (2015)
Boys: 95% (2005), 95% (2010), 95% (2015)

Basic drinking water
Girls: 58% (2005), 77% (2010), 77% (2015)
Boys: 77% (2005), 77% (2010), 77% (2015)

Positive discipline
Girls: 95% (2005), 95% (2010), 95% (2015)
Boys: 95% (2005), 95% (2010), 95% (2015)

Basic sanitation
Girls: 58% (2005), 77% (2010), 77% (2015)
Boys: 77% (2005), 77% (2010), 77% (2015)

Basic drinking water
Girls: 58% (2005), 77% (2010), 77% (2015)
Boys: 77% (2005), 77% (2010), 77% (2015)

Basic sanitation
Girls: 58% (2005), 77% (2010), 77% (2015)
Boys: 77% (2005), 77% (2010), 77% (2015)

Basic drinking water
Girls: 58% (2005), 77% (2010), 77% (2015)
Boys: 77% (2005), 77% (2010), 77% (2015)

Basic sanitation
Girls: 58% (2005), 77% (2010), 77% (2015)
Boys: 77% (2005), 77% (2010), 77% (2015)