



# Panama

Countdown to 2030

Women's, Children's & Adolescents' Health

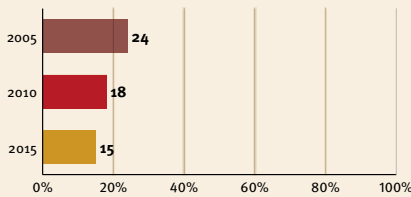
## Demographics

Population	4 034 000
Annual births	79 000
Children under 5	388 000 (10%)
Under 5 mortality	16/1 000

## Threats to Early Childhood Development

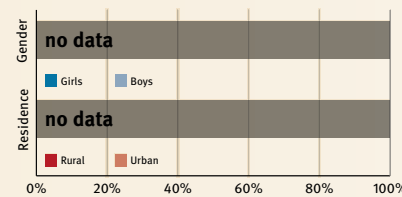
Maternal mortality	94/100 000	Young mothers (births by 18y)	no data
Low birthweight	8%	Preterm births	8%
Child poverty	no data	Under 5 stunting	13%
Harsh punishment	45%	Inadequate supervision	74%

## Young children at risk of poor development

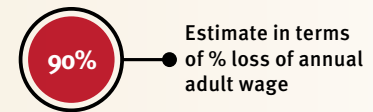


At risk in 2005, 2010 and 2015, using a composite indicator of under 5 stunting or poverty

## Risks by gender and residence



## Lifetime cost of growth deficit in early childhood



## Support and services for Early Childhood Development: Nurturing Care

Parents and caregivers need a facilitating environment of laws, policies, services and community support to assist them to provide their young children with nurturing care.

## Support and services for Early Childhood Development: Facilitating Environments

### Health

- Pregnant women living with HIV on treatment: 82%
- Careseeking for child pneumonia: no data
- Postnatal newborn care: 92%
- Women receive 4 antenatal care visits: 88%

### Nutrition

- Early initiation of breastfeeding: 47%
- Exclusive breastfeeding: 22%
- Minimum acceptable diet: no data

### Early Learning

- Homes have children's books: 69%
- Children have support for learning: 3%
- Children have playthings at home: 26%
- Attendance in early childhood education: 37%



### Responsive Caregiving

- Public information about ECD
- Parental mental health
- Parent support (groups, home visits)
- Quality child day care
- Comparative country data urgently needed

### Security and Safety

- Birth registration: 96%
- Positive discipline: no data
- Basic drinking water: 95%
- Basic sanitation: 77%

### Policies

✓ Paid maternity leave	✗ Paid paternity leave
✓ National minimum wage	
✓ Child and family social protection	
✓ International Code of Marketing of Breastmilk Substitutes	

### International Conventions

✓ Convention on the Rights of the Child
✓ Convention on the Rights of People with Disabilities
✓ CRC Sale of Children, Child Prostitution & Child Pornography
✓ Convention on Protection of Children and Cooperation in Respect of Intercountry Adoption