



Sao Tome and Principe

Countdown to 2030

Women's, Children's & Adolescents' Health

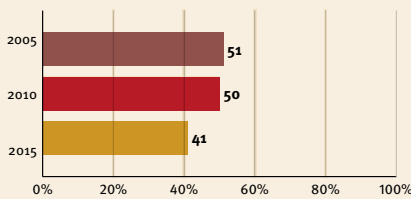
Demographics

Population	200 000
Annual births	7 000
Children under 5	31 000 (16%)
Under 5 mortality	34/1 000

Threats to Early Childhood Development

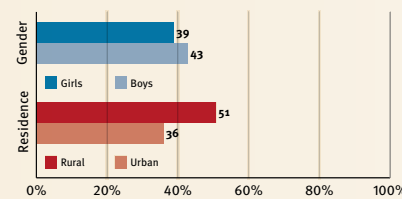
Maternal mortality	156/100 000	Young mothers (births by 18y)	27%
Low birthweight	10%	Preterm births	10%
Child poverty	29%	Under 5 stunting	17%
Harsh punishment	80%	Inadequate supervision	63%

Young children at risk of poor development

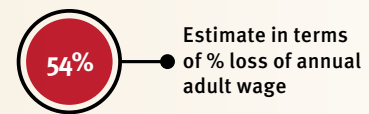


At risk in 2005, 2010 and 2015, using a composite indicator of under 5 stunting or poverty

Risks by gender and residence



Lifetime cost of growth deficit in early childhood



Support and services for Early Childhood Development: Nurturing Care

Parents and caregivers need a facilitating environment of laws, policies, services and community support to assist them to provide their young children with nurturing care.

Support and services for Early Childhood Development: Facilitating Environments

Health

- Pregnant women living with HIV on treatment: **84%**
- Careseeking for child pneumonia: **69%**
- Postnatal newborn care: **87%**
- Women receive 4 antenatal care visits: **no data**

Nutrition

- Early initiation of breastfeeding: **38%**
- Exclusive breastfeeding: **74%**
- Minimum acceptable diet: **22%**

Early Learning

- Homes have children's books: **65%**
- Children have support for learning: **16%**
- Children have playthings at home: **6%**
- Attendance in early childhood education: **36%**



Responsive Caregiving

- Public information about ECD
- Parental mental health
- Parent support (groups, home visits)
- Quality child day care
- Comparative country data urgently needed: **?**

Security and Safety

- Birth registration: **95%**
- Positive discipline: **no data**
- Basic drinking water: **80%**
- Basic sanitation: **40%**

Policies

✗	Paid maternity leave	✗	Paid paternity leave
no data	National minimum wage		
✗	Child and family social protection		
✗	International Code of Marketing of Breastmilk Substitutes		

International Conventions

✓	Convention on the Rights of the Child
✗	Convention on the Rights of People with Disabilities
✓	CRC Sale of Children, Child Prostitution & Child Pornography
✗	Convention on Protection of Children and Cooperation in Respect of Intercountry Adoption