

## **Timor-Leste**

### Countdown to 2030

Women's, Children's & Adolescents' Health

#### **Demographics**

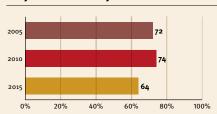
Population	1 269 000
Annual births	44 000
Children under 5	206 000 (16%)
Under 5 mortality	50/1 000

#### **Threats to Early Childhood Development**

Maternal mortality	215/100 000	
Low birthweight	12%	
Child poverty	44%	
Harsh punishment	no data	

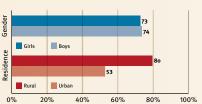
Young mothers (births by 18y)	9%	
Preterm births	12%	
Under 5 stunting	50%	
Inadequate supervision	no data	

## Young children at risk of poor development



At risk in 2005, 2010 and 2015, using a composite indicator of under 5 stunting or poverty

## Risks by gender Lifetime cost of growth and residence deficit in early childhood





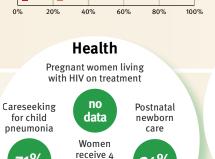
Support and services for Early Childhood Development:

### **Nurturing Care**

Parents and caregivers need a facilitating environment of laws, policies, services and community support to assist them to provide their young children with nurturing care.

Support and services for Early Childhood Development:

## Facilitating Environments



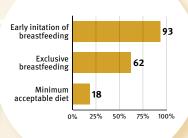
antenatal care

visits

early childhood

education

no data



**Nutrition** 

**Early** Learning Children have support for Children have Homes have learning children's playthings books at home data no no Security data data Attendance in

Positive discipline
Basic Sanitation

0% 25% 50% 75% 100%

and Safety

# Responsive Caregiving

Public information about ECD
Parental mental health
Parent support (groups, home visits)
Quality child day care

?

Comparative country data urgently needed

Policies				
×	Paid maternity leave	~	Paid paternity leave	
×	National minimum wage Child and family social protection International Code of Marketing of Breastmilk Substitutes			
×				
×				

ì	International Conventions			
	~	Convention on the Rights of the Child		
	~	Convention on the Rights of People with Disabilities		
	x	CRC Sale of Children, Child Prostitution & Child Pornography		
	x	Convention on Protection of Children and Cooperation in Respect of Intercountry Adoption		