



Zambia

Countdown to 2030

Women's, Children's & Adolescents' Health

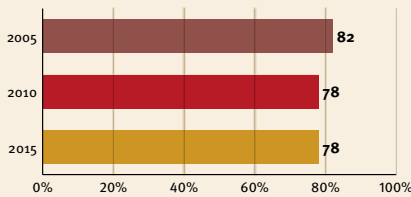
Demographics

Population	16 591 000
Annual births	620 000
Children under 5	2 820 000 (17%)
Under 5 mortality	63/1 000

Threats to Early Childhood Development

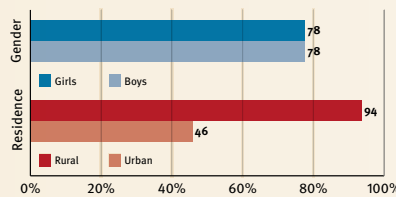
Maternal mortality	224/100 000	Young mothers (births by 18y)	31%
Low birthweight	11%	Preterm births	13%
Child poverty	66%	Under 5 stunting	40%
Harsh punishment	no data	Inadequate supervision	no data

Young children at risk of poor development

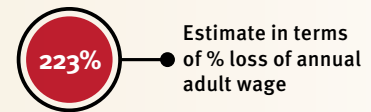


At risk in 2005, 2010 and 2015, using a composite indicator of under 5 stunting or poverty

Risks by gender and residence



Lifetime cost of growth deficit in early childhood



Support and services for Early Childhood Development: Nurturing Care

Parents and caregivers need a facilitating environment of laws, policies, services and community support to assist them to provide their young children with nurturing care.

Support and services for Early Childhood Development: Facilitating Environments

Health

- Pregnant women living with HIV on treatment: 83%
- Careseeking for child pneumonia: 70%
- Postnatal newborn care: 63%
- Women receive 4 antenatal care visits: 56%

Nutrition

- Early initiation of breastfeeding: 66%
- Exclusive breastfeeding: 73%
- Minimum acceptable diet: 11%

Early Learning

- Children have support for learning: no data
- Children have playthings at home: no data
- Homes have children's books: no data
- Attendance in early childhood education: no data



Responsive Caregiving

- Public information about ECD
- Parental mental health
- Parent support (groups, home visits)
- Quality child day care
- Comparative country data urgently needed

Security and Safety

- Birth registration: 11%
- Positive discipline: no data
- Basic drinking water: 61%
- Basic sanitation: 31%

Policies

✗	Paid maternity leave	✗	Paid paternity leave
✓	National minimum wage		
✗	Child and family social protection		
✓	International Code of Marketing of Breastmilk Substitutes		

International Conventions

✓	Convention on the Rights of the Child
✓	Convention on the Rights of People with Disabilities
✓	CRC Sale of Children, Child Prostitution & Child Pornography
✓	Convention on Protection of Children and Cooperation in Respect of Intercountry Adoption