**Bulgaria**

**Demographics**
- Population (2019): 7,000,000
- Annual births: 62,000
- Children under 5 (2019): 315,000 (5%)
- Under-five mortality: 7/1,000

**Threats to Early Childhood Development**
- Maternal mortality: 10/100,000
- Low birthweight: 10%
- Child poverty: no data
- Violent discipline: no data
- Young mothers (births by 18y): 5%
- Preterm births: 8%
- Under-five stunting: 9%
- Inadequate supervision: no data

**Young children at risk of poor development**

<table>
<thead>
<tr>
<th>Year</th>
<th>Boys</th>
<th>Girls</th>
<th>Rural</th>
<th>Urban</th>
</tr>
</thead>
<tbody>
<tr>
<td>2005</td>
<td>no data</td>
<td>no data</td>
<td>no data</td>
<td>no data</td>
</tr>
<tr>
<td>2010</td>
<td>no data</td>
<td>no data</td>
<td>no data</td>
<td>no data</td>
</tr>
<tr>
<td>2015</td>
<td>no data</td>
<td>no data</td>
<td>no data</td>
<td>no data</td>
</tr>
</tbody>
</table>

At risk in 2005, 2010 and 2015, using a composite indicator of under-five stunting or poverty

**Risk by sex and residence**

**Lifetime cost of growth deficit in early childhood**

**Support and services for early childhood development:**

**Nurturing care**

Parents and caregivers need a facilitating environment of laws, policies, services and community support to assist them in providing their young children with nurturing care.

**Facilitating environments**

**Policies**
- Paid maternity leave
- National minimum wage
- Child and family social protection
- International Code of Marketing of Breastmilk Substitutes

**International conventions**
- Convention on the Rights of the Child
- Convention on the Rights of Persons with Disabilities
- Hague Convention on Protection of Children and Cooperation in Respect of Intercountry Adoption

**Details of country data sources and footnotes can be found in the master database at NURTURING-CARE.ORG**