



Lesotho

Countdown to 2030

Women's, Children's & Adolescents' Health

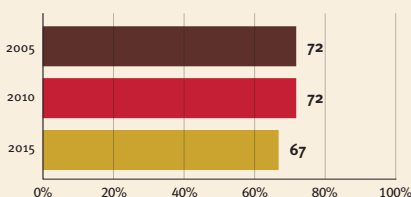
Demographics

Population (2019)	2,125,000
Annual births	56,000
Children under 5 (2019)	253,000 (12%)
Under-five mortality	81/1 000

Threats to Early Childhood Development

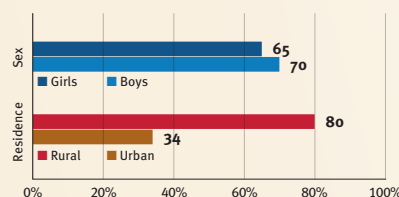
Maternal mortality	544/100 000	Young mothers (births by 18y)	14%
Low birthweight	15%	Preterm births	12%
Child poverty	54%	Under-five stunting	33%
Violent discipline	no data	Inadequate supervision	no data

Young children at risk of poor development

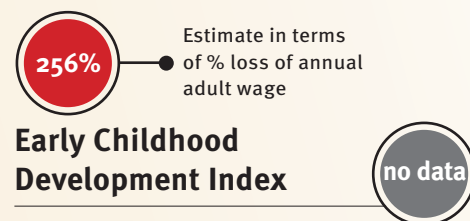


At risk in 2005, 2010 and 2015, using a composite indicator of under-five stunting or poverty

Risk by sex and residence

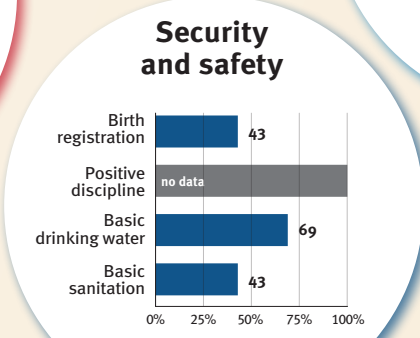
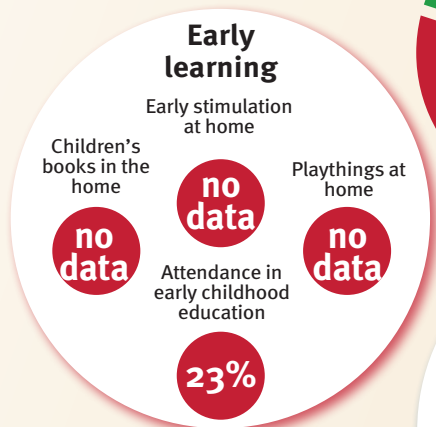
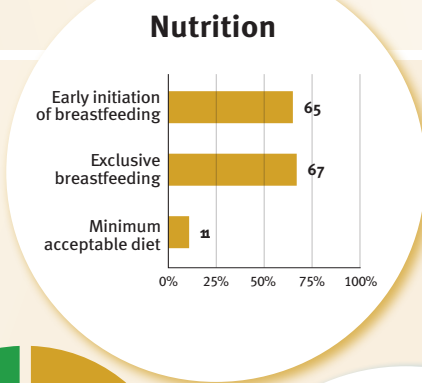
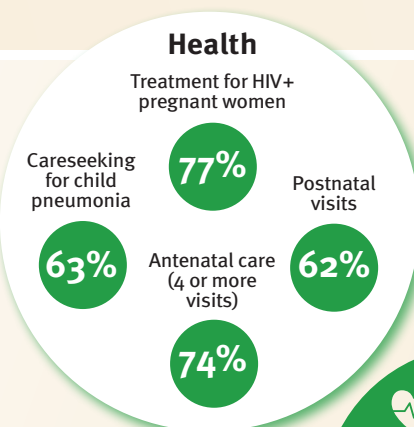


Lifetime cost of growth deficit in early childhood



Support and services for early childhood development: Nurturing care

Parents and caregivers need a facilitating environment of laws, policies, services and community support to assist them in providing their young children with nurturing care.



Facilitating environments

Policies	
X	Paid maternity leave
X	Paid paternity leave
✓	National minimum wage
X	Child and family social protection
X	International Code of Marketing of Breastmilk Substitutes

International conventions	
✓	Convention on the Rights of the Child
✓	Convention on the Rights of Persons with Disabilities
✓	CRC Optional Protocol on the Sale of Children, Child Prostitution and Child Pornography
✓	Hague Convention on Protection of Children and Cooperation in Respect of Intercountry Adoption