**Early Childhood Development**

**Mozambique**

### Demographics
- Population (2019): 30,366,000
- Annual births: 1,131,000
- Children under 5 (2019): 5,048,000 (17%)
- Under-five mortality: 73/1,000

### Threats to Early Childhood Development
- Maternal mortality: 289/100,000
- Low birthweight: 14%
- Child poverty: 82%
- Violent discipline: no data

### Young children at risk of poor development
- At risk in 2005, 2010 and 2015, using a composite indicator of under-five stunting or poverty

### Risk by sex and residence
- Girls: 84% (urban), 57% (rural)
- Boys: 85% (urban), 59% (rural)

### Lifetime cost of growth deficit in early childhood
- 172% Estimate in terms of % loss of annual adult wage

### CountDown to 2030

**Women’s, Children’s & Adolescents’ Health**

**Support and services for early childhood development:**

**Nurturing care**

- Parents and caregivers need a facilitating environment of laws, policies, services and community support to assist them in providing their young children with nurturing care.

### Facilitating environments

#### Policies
- Paid maternity leave
- National minimum wage
- Child and family social protection
- International Code of Marketing of Breastmilk Substitutes

#### International conventions
- Convention on the Rights of the Child
- Convention on the Rights of Persons with Disabilities
- Hague Convention on Protection of Children and Cooperation in Respect of Intercountry Adoption

### Health
- Treatment for HIV+ pregnant women
  - 99%
- Careseeking for child pneumonia
  - 57%
- Antenatal care (4 or more visits)
  - 52%
- Postnatal visits
  - no data

### Early Learning
- Early stimulation at home
  - Children’s books in the home: 3%
- Playthings at home
  - no data
- Attendance in early childhood education
  - no data

### Nutrition
- Early initiation of breastfeeding
  - 69%
- Exclusive breastfeeding
  - 41%
- Minimum acceptable diet
  - 13%

### Responsive caregiving
- Public information about ECD
- Parental mental health
- Parent support (groups, home visits)
- Quality child day care
- Comparative country data urgently needed

### Security and safety
- Birth registration
  - 55%
- Positive discipline
  - 56%
- Basic drinking water
  - 29%
- Basic sanitation
  - no data

**Detailed country data sources and footnotes can be found in the master database at NURTURING-CARE.ORG**