**Myanmar**

### Demographics

- Population (2019): 54,045,000
- Annual births: 942,000
- Children under 5 (2019): 4,511,000 (8%)
- Under-five mortality: 461,000

### Threats to Early Childhood Development

- Maternal mortality: 250/100,000
- Low birthweight: 12%
- Child poverty: 11%
- Violent discipline: 80%

### Young children at risk of poor development

<table>
<thead>
<tr>
<th>Year</th>
<th>Girls</th>
<th>Boys</th>
</tr>
</thead>
<tbody>
<tr>
<td>2005</td>
<td>44</td>
<td>33</td>
</tr>
<tr>
<td>2010</td>
<td>38</td>
<td>?</td>
</tr>
<tr>
<td>2015</td>
<td>?</td>
<td>?</td>
</tr>
</tbody>
</table>

At risk in 2005, 2010 and 2015, using a composite indicator of under-five stunting or poverty

### Support and services for early childhood development:

**Nurturing care**

Parents and caregivers need a facilitating environment of laws, policies, services and community support to assist them in providing their young children with nurturing care.

### Facilitating environments

#### Policies

- **×** Paid maternity leave
- **✓** Paid paternity leave
- **×** National minimum wage
- **×** Child and family social protection
- **✓** International Code of Marketing of Breastmilk Substitutes

### International conventions

- **✓** Convention on the Rights of the Child
- **✓** Convention on the Rights of Persons with Disabilities
- **✓** Hague Convention on Protection of Children and Cooperation in Respect of Intercountry Adoption

---

**Countdown to 2030**

Women’s, Children’s & Adolescents’ Health

**EARLY CHILDHOOD DEVELOPMENT**

**Nutrition**

- Early initiation of breastfeeding: 67%
- Exclusive breastfeeding: 51%
- Minimum acceptable diet: 16%

**Health**

- Treatment for HIV+ pregnant women: 59%
- Antenatal care (4 or more visits): 71%
- Postnatal visits: 67%
- Careseeking for child pneumonia: 58%

**Responsive caregiving**

- Public information about ECD
- Parental mental health
- Parent support (groups, home visits)
- Quality child day care

**Early learning**

- Early stimulation at home: 52%
- Playthings at home: 72%
- Children’s books in the home: 5%

**Security and safety**

- Birth registration: 81%
- Positive discipline: 82%
- Basic drinking water: 64%
- Basic sanitation: 64%

**Lifetime cost of growth deficit in early childhood**

- Estimate in terms of % loss of annual adult wage: 62%

**Early Childhood Development Index**

- no data

---

**Data sources and footnotes can be found in the master database at NURTURING-CARE.ORG**