**EARLY CHILDHOOD DEVELOPMENT**

Nepal

### Demographics
- Population (2019): 28,690,000
- Annual births: 563,000
- Children under 5 (2019): 2,708,000 (9%)
- Under-five mortality: 32/1,000

### Threats to Early Childhood Development
- Maternal mortality: 186/100,000
- Low birthweight: 22%
- Child poverty: 12%
- Violent discipline: 75%
- Young mothers (births by 18y): 16%
- Preterm births: 14%
- Under-five stunting: 14%
- Inadequate supervision: 36%

### Young children at risk of poor development

<table>
<thead>
<tr>
<th>Year</th>
<th>Girls</th>
<th>Boys</th>
</tr>
</thead>
<tbody>
<tr>
<td>2005</td>
<td>56</td>
<td>53</td>
</tr>
<tr>
<td>2010</td>
<td>53</td>
<td>38</td>
</tr>
<tr>
<td>2015</td>
<td>38</td>
<td>53</td>
</tr>
</tbody>
</table>

At risk in 2005, 2010 and 2015, using a composite indicator of under-five stunting or poverty.

### Risk by sex and residence

- Rural: 26%
- Urban: 40%

### Lifetime cost of growth deficit in early childhood

- Estimate in terms of % loss of annual adult wage: 164%
- Early Childhood Development Index: 64%

### Support and services for early childhood development: Nurturing care

Parents and caregivers need a facilitating environment of laws, policies, services and community support to assist them in providing their young children with nurturing care.

### Facilitating environments

#### Policies
- ⌂ Paid maternity leave
- ⌂ Paid paternity leave
- ✔ National minimum wage
- ⌂ Child and family social protection
- ✔ International Code of Marketing of Breastmilk Substitutes

#### International conventions
- ✔ Convention on the Rights of the Child
- ✔ Convention on the Rights of Persons with Disabilities
- ⌂ Hague Convention on Protection of Children and Cooperation in Respect of Intercountry Adoption

### Detailed Country Data Sources and Footnotes Can Be Found in the Master Database at NurtureCare.org