



Nepal

Countdown to 2030

Women's, Children's & Adolescents' Health

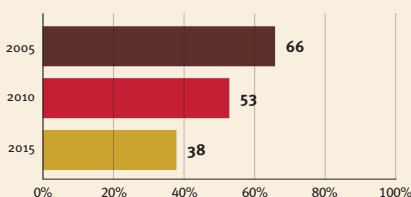
Demographics

Population (2019)	28,609,000
Annual births	563,000
Children under 5 (2019)	2,708,000 (9%)
Under-five mortality	32/1 000

Threats to Early Childhood Development

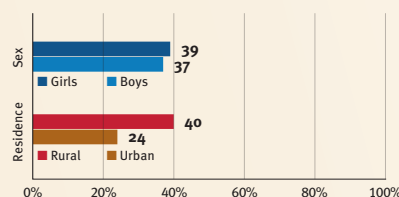
Maternal mortality	186/100 000	Young mothers (births by 18y)	16%
Low birthweight	22%	Preterm births	14%
Child poverty	12%	Under-five stunting	36%
Violent discipline	75%	Inadequate supervision	21%

Young children at risk of poor development

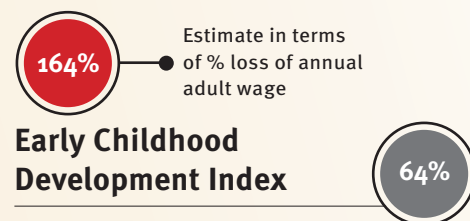


At risk in 2005, 2010 and 2015, using a composite indicator of under-five stunting or poverty

Risk by sex and residence

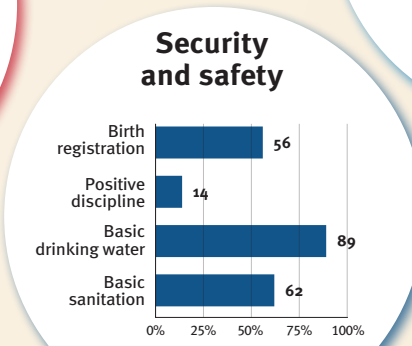
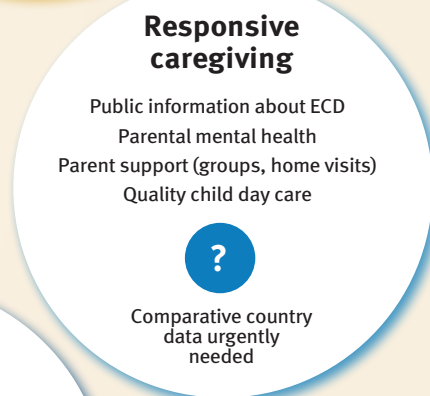
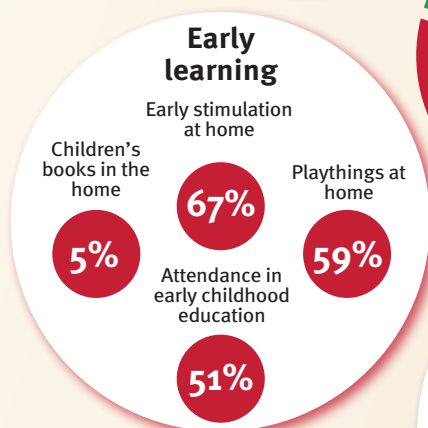
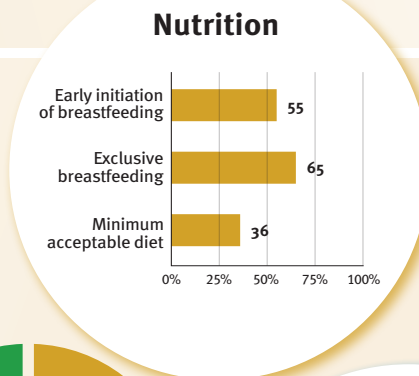
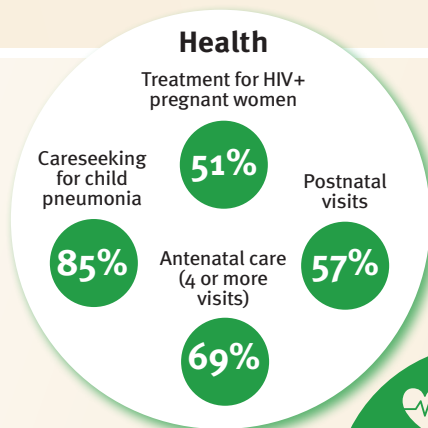


Lifetime cost of growth deficit in early childhood



Support and services for early childhood development: Nurturing care

Parents and caregivers need a facilitating environment of laws, policies, services and community support to assist them in providing their young children with nurturing care.



Facilitating environments

Policies	
X	Paid maternity leave
X	Paid paternity leave
✓	National minimum wage
X	Child and family social protection
✓	International Code of Marketing of Breastmilk Substitutes

International conventions	
✓	Convention on the Rights of the Child
✓	Convention on the Rights of Persons with Disabilities
✓	CRC Optional Protocol on the Sale of Children, Child Prostitution and Child Pornography
X	Hague Convention on Protection of Children and Cooperation in Respect of Intercountry Adoption