



Panama

Countdown to 2030

Women's, Children's & Adolescents' Health

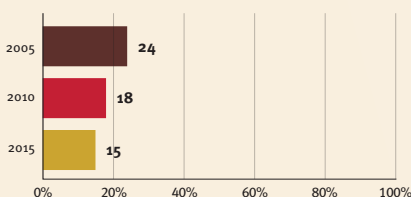
Demographics

Population (2019)	4,246,000
Annual births	79,000
Children under 5 (2019)	389,000 (9%)
Under-five mortality	15/1 000

Threats to Early Childhood Development

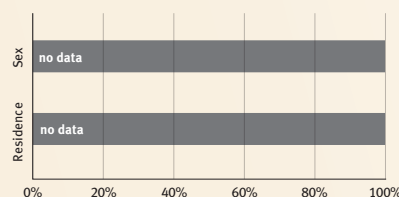
Maternal mortality	52/100 000	Young mothers (births by 18y)	no data
Low birthweight	10%	Preterm births	8%
Child poverty	no data	Under-five stunting	19%
Violent discipline	45%	Inadequate supervision	3%

Young children at risk of poor development

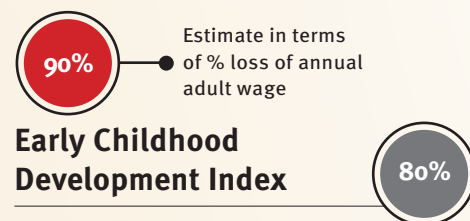


At risk in 2005, 2010 and 2015, using a composite indicator of under-five stunting or poverty

Risk by sex and residence



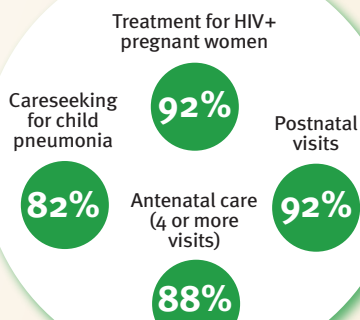
Lifetime cost of growth deficit in early childhood



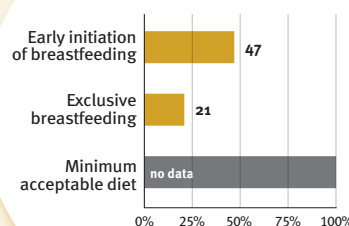
Support and services for early childhood development: Nurturing care

Parents and caregivers need a facilitating environment of laws, policies, services and community support to assist them in providing their young children with nurturing care.

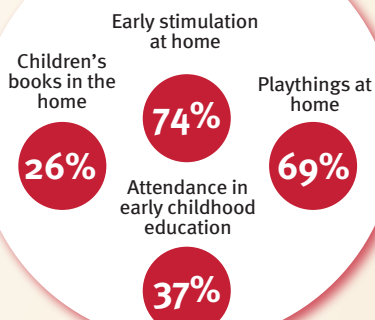
Health



Nutrition



Early learning



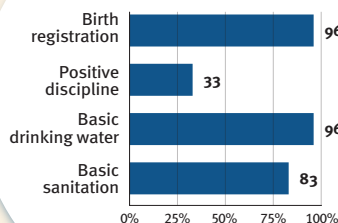
Responsive caregiving

Public information about ECD
Parental mental health
Parent support (groups, home visits)
Quality child day care



Comparative country data urgently needed

Security and safety



Facilitating environments

Policies

✓ Paid maternity leave	✗ Paid paternity leave
✓ National minimum wage	
✓ Child and family social protection	
✓ International Code of Marketing of Breastmilk Substitutes	

International conventions

✓ Convention on the Rights of the Child
✓ Convention on the Rights of Persons with Disabilities
✓ CRC Optional Protocol on the Sale of Children, Child Prostitution and Child Pornography
✓ Hague Convention on Protection of Children and Cooperation in Respect of Intercountry Adoption