**Early Childhood Development**

**Tajikistan**

**Demographics**
- Population (2019): 9,321,000
- Annual births: 279,000
- Children under 5 (2019): 1,347,000 (14%)
- Under-five mortality: 35/1,000

**Threats to Early Childhood Development**
- Maternal mortality: 17/100,000
- Low birthweight: 6%
- Child poverty: 29%
- Violent discipline: 62%
- Young mothers (births by 18y): 1%
- Preterm births: 11%
- Under-five stunting: 18%
- Inadequate supervision: 13%

**Young children at risk of poor development**

**Risk by sex and residence**

**Lifetime cost of growth deficit in early childhood**

**Support and services for early childhood development:**

**Nurturing care**

Parents and caregivers need a facilitating environment of laws, policies, services and community support to assist them in providing their young children with nurturing care.

**Facilitating environments**

**Policies**
- Paid maternity leave
- Paid paternity leave
- National minimum wage
- Child and family social protection
- International Code of Marketing of Breastmilk Substitutes

**International conventions**
- Convention on the Rights of the Child
- Convention on the Rights of Persons with Disabilities
- Hague Convention on Protection of Children and Cooperation in Respect of Intercountry Adoption

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**Countdown to 2030**
Women’s, Children’s & Adolescents’ Health

**Health**
- Treatment for HIV+ pregnant women
- Careseeking for child pneumonia
- Antenatal care (4 or more visits)
- Postnatal visits
- Early initiation of breastfeeding
- Exclusive breastfeeding
- Minimum acceptable diet

**Early learning**
- Early stimulation at home
- Playthings at home
- Attendance in early childhood education

**Security and safety**
- Birth registration
- Positive discipline
- Basic drinking water
- Basic sanitation

**Nutrition**

**Responsive caregiving**
- Public information about ECD
- Parental mental health
- Parent support (groups, home visits)
- Quality child day care

**Comparative country data urgently needed**

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**EARLY CHILDHOOD DEVELOPMENT**

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**DETAILED COUNTRY DATA SOURCES AND FOOTNOTES CAN BE FOUND IN THE MASTER DATABASE AT NURTURING-CARE.ORG**