Early Childhood Development

Uganda

Demographics
Population (2019) 44,270,000
Annual births 1,649,000
Children under 5 (2019) 7,686,000 (17%)
Under-five mortality 46/1,000

Young children at risk of poor development
At risk in 2005, 2010 and 2015, using a composite indicator of under-five stunting or poverty

Threats to Early Childhood Development
Maternal mortality 375/100,000
Low birthweight no data
Child poverty 38%
Violent discipline 83%

Young mothers (births by 18y) 33%
Preterm births 14%
Under-five stunting 29%
Inadequate supervision 37%

Risk by sex and residence

Lifetime cost of growth deficit in early childhood
228%

Support and services for early childhood development:
Nurturing care
Parents and caregivers need a facilitating environment of laws, policies, services and community support to assist them in providing their young children with nurturing care.

Facilitating environments

Policies
- Paid maternity leave
- National minimum wage
- Child and family social protection
- International Code of Marketing of Breastmilk Substitutes

International conventions
- Convention on the Rights of the Child
- Convention on the Rights of Persons with Disabilities
- Hague Convention on Protection of Children and Cooperation in Respect of Intercountry Adoption

Countdown to 2030
Women’s, Children’s & Adolescents’ Health

Nutrition
Early initiation of breastfeeding
Exclusive breastfeeding
Minimum acceptable diet

Responsive caregiving
Public information about ECD
Parental mental health
Parent support (groups, home visits)
Quality child day care

Comparative country data urgently needed

EARLY CHILDHOOD DEVELOPMENT