EARLY CHILDHOOD DEVELOPMENT

Zambia

Demographics
Population (2019) 17,861,000
Annual births 641,000
Children under 5 (2019) 2,902,000 (16%)
Under-five mortality 58/1,000

Young children at risk of poor development
At risk in 2005, 2010 and 2015, using a composite indicator of under-five stunting or poverty

Threats to Early Childhood Development
Maternal mortality 213/100,000
Low birthweight 12%
Child poverty 66%
Violent discipline no data

Risk by sex and residence

Lifetime cost of growth deficit in early childhood
223%

Support and services for early childhood development:
Nurturing care
Parents and caregivers need a facilitating environment of laws, policies, services and community support to assist them in providing their young children with nurturing care.

Facilitating environments

Health
Treatment for HIV+ pregnant women
Careseeking for child pneumonia
70%
Antenatal care (4 or more visits)
63%
Postnatal visits
56%

Early learning
Early stimulation at home
Children’s books in the home
no data
Playthings at home
no data

Nutrition
Early initiation of breastfeeding
66%
Exclusive breastfeeding
72%
Minimum acceptable diet
100%

Responsive caregiving
Public information about ECD
Parental mental health
Parent support (groups, home visits)
Quality child day care

Security and safety
Birth registration
no data
Positive discipline
no data
Basic drinking water
26%
Basic sanitation
60%

International conventions
- Convention on the Rights of the Child
- Convention on the Rights of Persons with Disabilities
- Hague Convention on Protection of Children and Cooperation in Respect of Intercountry Adoption

DETAILED COUNTRY DATA SOURCES AND FOOTNOTES CAN BE FOUND IN THE MASTER DATABASE AT NURTURING-CARE.ORG