



Estonia

Countdown to 2030

Women's, Children's & Adolescents' Health

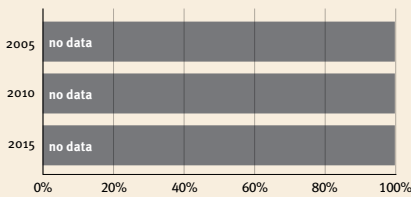
Demographics

Population	1,326,539
Annual births	13,402
Children under 5	69,176 (5%)
Under-five mortality	2/1,000

Threats to Early Childhood Development

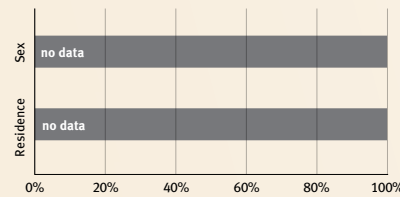
Maternal mortality	9/100,000	Young mothers (births by 18y)	no data
Low birthweight	4%	Preterm births	6%
Child poverty	no data	Under-five stunting	no data
Violent discipline	no data	Inadequate supervision	no data

Young children at risk of poor development



At risk in 2005, 2010 and 2015, using a composite indicator of under-five stunting or poverty

Risk by sex and residence



Lifetime cost of growth deficit in early childhood

no data — Estimate in terms of % loss of annual adult wage

Children with functional difficulty

no data

Children developmentally on-track

no data

Support and services for early childhood development: Nurturing care

Parents and caregivers need a facilitating environment of laws, policies, services and community support to assist them in providing their young children with nurturing care.

Facilitating environments

Policies				
None	<14	14 – <18	18 – <26	≥26
Paid maternity leave (weeks)				
Paid paternity leave (weeks)				

Not	Slightly	Moderately	Substantially
International Code of Marketing of Breastmilk Substitutes (alignment)			

Health

- Treatment for HIV+ pregnant women: no data
- Careseeking for child pneumonia: no data
- Postnatal visits: no data
- Antenatal care (4 or more visits): 97%

Nutrition

- Early initiation of breastfeeding: no data
- Exclusive breastfeeding: no data
- Minimum acceptable diet: no data

Early learning

- Early stimulation at home: no data
- Children's books in the home: no data
- Playthings at home: no data
- Attendance in early childhood education: no data



Responsive caregiving

- Public information about ECD
- Parental mental health
- Parent support (groups, home visits)
- Quality child day care
- Comparative country data urgently needed

Security and safety

- Birth registration: 100
- Positive discipline: no data
- Basic drinking water: 100
- Basic sanitation: 99

International conventions	
✓	Convention on the Rights of the Child
✓	Convention on the Rights of Persons with Disabilities
✓	CRC Optional Protocol on the Sale of Children, Child Prostitution and Child Pornography
✓	Hague Convention on Protection of Children and Cooperation in Respect of Intercountry Adoption