**Early Childhood Development**

**Portugal**

### Demographics

<table>
<thead>
<tr>
<th>Category</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Population</td>
<td>10,196,707</td>
</tr>
<tr>
<td>Annual births</td>
<td>78,491</td>
</tr>
<tr>
<td>Children under 5</td>
<td>400,652 (4%)</td>
</tr>
<tr>
<td>Under-five mortality</td>
<td>4/1,000</td>
</tr>
</tbody>
</table>

### Threats to Early Childhood Development

<table>
<thead>
<tr>
<th>Threat</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Maternal mortality</td>
<td>8/100,000</td>
</tr>
<tr>
<td>Low birthweight</td>
<td>9%</td>
</tr>
<tr>
<td>Child poverty</td>
<td>no data</td>
</tr>
<tr>
<td>Violent discipline</td>
<td>no data</td>
</tr>
<tr>
<td>Preterm births</td>
<td>8%</td>
</tr>
<tr>
<td>Under-five stunting</td>
<td>no data</td>
</tr>
<tr>
<td>Inadequate supervision</td>
<td>no data</td>
</tr>
</tbody>
</table>

### Young children at risk of poor development

- 2005: no data
- 2010: no data
- 2015: no data

At risk in 2005, 2010 and 2015, using a composite indicator of under-five stunting or poverty.

### Risk by sex and residence

- Girls: no data
- Boys: no data

### Lifetime cost of growth deficit in early childhood

- Estimate in terms of % loss of annual adult wage: no data

### Health

- Treatment for HIV+ pregnant women: no data
- Careseeking for child pneumonia: no data
- Antenatal care (4 or more visits): no data
- Prenatal visits: no data
- Postnatal visits: no data

### Early learning

- Early stimulation at home: no data
- Playthings at home: no data
- Attendance in early childhood education: no data
- Children’s books in the home: no data

### Nutrition

- Early initiation of breastfeeding: no data
- Exclusive breastfeeding: no data
- Minimum acceptable diet: no data

### Security and safety

- Birth registration: 100%
- Positive discipline: no data
- Basic drinking water: 100%
- Basic sanitation: 100%

### Policies

<table>
<thead>
<tr>
<th>Category</th>
<th>2005</th>
<th>2010</th>
<th>2015</th>
</tr>
</thead>
<tbody>
<tr>
<td>Paid maternity leave (weeks)</td>
<td>14</td>
<td>14</td>
<td>14</td>
</tr>
</tbody>
</table>

### Support and services for early childhood development: Nurturing care

Parents and caregivers need a facilitating environment of laws, policies, services and community support to assist them in providing their young children with nurturing care.

### Facilitating environments

- National minimum wage: ✔
- Child and family social protection: ✔
- Convention on the Rights of the Child: ✔
- Convention on the Rights of Persons with Disabilities: ✔
- CRC Optional Protocol on the Sale of Children, Child Prostitution and Child Pornography: ✔
- Hague Convention on Protection of Children and Cooperation in Respect of Intercountry Adoption: ✔

DETAILED COUNTRY DATA SOURCES AND FOOTNOTES CAN BE FOUND IN THE MASTER DATABASE AT NURTURING-CARE.ORG