Regional multi-sectoral meeting to promote nurturing care for early childhood development

WHO-SEARO - Virtual: 27-29 April 2021

Recommended resources

Nurturing Care Framework: full report, summary

Nurturing care handbook

Operationalizing NC for ECD - The health sector along with other sectors

Country profiles for early childhood development

Country experience

Advocacy toolkit - key messages, quote cards, thematic briefs

Frequently asked questions

Additional resources (for more see https://nurturing-care.org)

<table>
<thead>
<tr>
<th>Resource</th>
<th>Year</th>
<th>Summary</th>
<th>Adaptations &amp; Languages</th>
<th>Web link</th>
</tr>
</thead>
<tbody>
<tr>
<td>Advancing early childhood development. From science to scale (Lancet series)</td>
<td>2016</td>
<td>Proposes pathways for implementation of early childhood development at scale. The series emphasises the nurturing care concept, especially of children below three years of age, and multi-sectoral interventions starting with health, which can have wide reach to families and young children through health and nutrition.</td>
<td></td>
<td>Link</td>
</tr>
<tr>
<td>Care for child development</td>
<td>2012</td>
<td>Designed to help families build stronger relationships with their young children and solve problems in caring for their children at home. Includes recommended play and communication activities for families to support children’s early learning and provide responsive care.</td>
<td>Used in 20+ countries Translated into 17 languages Adaptable for use in facility, community and home-based services, via group and one-to-one sessions.</td>
<td>Link</td>
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</tbody>
</table>
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<table>
<thead>
<tr>
<th>Program Title</th>
<th>Year</th>
<th>Description</th>
<th>Status</th>
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</tr>
</thead>
<tbody>
<tr>
<td><strong>Caregiver skills training for the management of developmental disorders</strong></td>
<td>2015</td>
<td>Designed for families with children with developmental difficulties and persistent behavioural disorders. Helps caregivers use play and caregiving routines as opportunities for the child's learning and development.</td>
<td>Undergoing field-testing in more than 30 countries worldwide.</td>
<td><a href="#">Link</a></td>
</tr>
<tr>
<td><strong>Caring for the caregiver</strong></td>
<td>2020</td>
<td>Aims to build front-line workers’ skills in strengths-based counselling to increase caregivers’ confidence and help them develop stress management, self-care and conflict-resolution skills to support their emotional well-being.</td>
<td>Currently being validated and adapted in eight countries through implementation research.</td>
<td><a href="#">Link to prototype</a> <a href="#">During COVID-19</a></td>
</tr>
<tr>
<td><strong>Caring for the child’s healthy growth and development</strong></td>
<td>2015</td>
<td>Equips community health workers with the knowledge and skills to counsel families to i) breastfeed young children and give their children nutritious complementary foods; ii) play and communicate with their children to help them learn and to strengthen their relationships with their children; iii) prevent childhood illnesses and injury; and iv) recognize signs of illness and take their children to a health facility.</td>
<td>Adapted in Zambia and Bukhali, South Africa</td>
<td><a href="#">Link</a></td>
</tr>
<tr>
<td><strong>Improving early childhood development: WHO guideline</strong></td>
<td>2020</td>
<td>Provides global, evidence-informed recommendations on improving early childhood development through interventions that support responsive caregiving and early learning. The guideline, intended for a wide range of stakeholders, also recommends integrating caregiving and nutrition interventions and supporting mental health.</td>
<td></td>
<td><a href="#">Link</a></td>
</tr>
<tr>
<td><strong>Reach up and learn</strong></td>
<td>1975</td>
<td>Based on the Jamaica Home Visit (JHV) intervention designed by Sally Grantham-McGregor. Equips front-line workers with the skills to model and demonstrate activities that caregivers can use to support their child’s early learning and development.</td>
<td>Adapted for use in health, nutrition and social protection programmes in 15+ countries (e.g., Bangladesh, Colombia, Peru, Syria).</td>
<td><a href="#">Link</a></td>
</tr>
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<th><strong>Strengthening nurturing care in health and nutrition services: practice guide</strong></th>
<th>In progress</th>
<th>Builds on and complements existing training packages. Provides examples of how managers and service providers can enhance attention to responsive caregiving, opportunities for early learning, safety and security and support for caregivers within existing health and nutrition services serving families with young children.</th>
<th>Forthcoming</th>
</tr>
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<tbody>
<tr>
<td><strong>Thinking healthy—a manual for psychological management of perinatal depression</strong></td>
<td>2015</td>
<td>A low-intensity psychological intervention for use at the community level to address maternal depression during the perinatal period. Uses pictures to help mothers monitor their moods, identify negative thoughts, and recognize the consequences on themselves and others. Helps mothers set goals to practice activities that help them develop more positive thoughts and actions through a process based on techniques used in cognitive behavioural therapy.</td>
<td>Available in English; French; Italian; Spanish, Turkish and Urdu.</td>
</tr>
<tr>
<td><strong>Young infant and child feeding counselling cards - Addendum on responsive care and early learning content</strong></td>
<td>In progress</td>
<td>A set of seven counselling cards identifies messages on responsive care and early learning to integrate with the UNICEF Infant and Young Child Feeding (IYCF) training module.</td>
<td>Forthcoming</td>
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Resources shared during the meeting

Role of the health sector in promoting early childhood development: A strategic framework (South-East Asia Region, 2011) https://apps.who.int/iris/handle/10665/205874


Building Futures: Early childhood development (ECD) service quality standards for South Asia https://www.unicef.org/rosa/documents/building-futures

Monitoring children’s development in primary care services: moving from a focus on child deficits to family-centred participatory support https://nurturing-care.org/monitoring-childrens-development/


On the question of identifying children who are at risk of or experience a developmental delay, have a look at https://nurturing-care.org/monitoring-childrens-development/


Early Childhood Development Index (ECDI) 2030 (including FAQ and technical papers) https://data.unicef.org/resources/early-childhood-development-index-2030-ecdi2030/


Asia-Pacific Regional Network: https://arnec.net/

Early Childhood Development Action Network (ECDAN)

Online community, ECD Connect: https://connect.ecdan.org/home
COVID 19 ECD Resources: https://mailchi.mp/ecdan/covid19
Global Forum for Childcare: https://mailchi.mp/ecdan/global-forum-for-childcare

Videos


1. Responsive Caregiving during COVID-19
2. Adolescent Mental Health in Times of COVID-19
3. Breastfeeding and Covid19

How Brains are Built: The Core Story of Brain Development https://nurturing-care.org/how-brains-are-built/

EarlyMomentsMatter Tips (UNICEF India): https://youtu.be/hHswPGwGTz8
Every day is Father’s Day (UNICEF Serbia): https://youtu.be/nsmTHwcZDTU
One-on-One Time with your Baby: https://www.facebook.com/479688329453239/videos/719481628847180/
Explore videos on the nurturing care website: https://nurturing-care.org/tag/videos/

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