Zambia

Countdown to 2030
Women's, Children's & Adolescents' Health

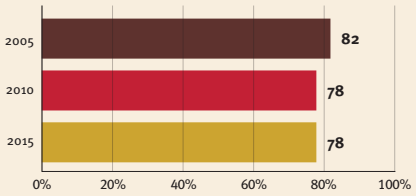
Demographics

Population	18,920,657
Annual births	667,613
Children under 5	2,990,375 (16%)
Under-five mortality	62/1,000

Threats to Early Childhood Development

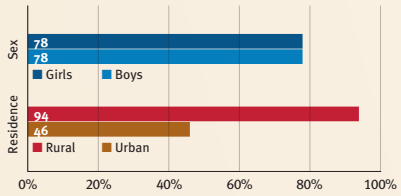
Maternal mortality	213/100,000	Adolescent birth rate	135/1,000
Low birthweight	12%	Preterm births	13%
Child poverty	66%	Under-five stunting	32%
Violent discipline	no data	Inadequate supervision	no data

Young children at risk of poor development



At risk in 2005, 2010 and 2015, using a composite indicator of under-five stunting or poverty

Risk by sex and residence



Lifetime cost of growth deficit in early childhood

223% — Estimate in terms of % loss of annual adult wage

Children with functional difficulty

4%

Children developmentally on-track

no data

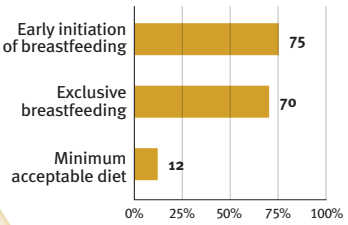
Support and services for early childhood development:

Nurturing care

Health

Treatment for HIV+ pregnant women: 80%
Careseeking for child pneumonia: 76%
Postnatal visits: 70%
Antenatal care (4 or more visits): 64%

Nutrition



Parents and caregivers need a facilitating environment of laws, policies, services and community support to assist them in providing their young children with nurturing care.

Facilitating environments

Early learning

Early stimulation at home: no data
Children's books in the home: no data
Playthings at home: no data
Attendance in early childhood education: no data

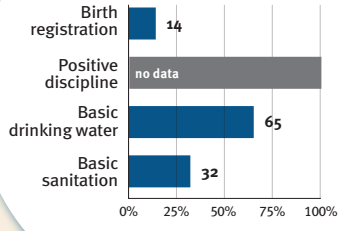
Responsive caregiving

Public information about ECD
Parental mental health
Parent support (groups, home visits)
Quality child day care

?

Comparative country data urgently needed

Security and safety



Policies

None	<14	14 – <18	18 – <26	≥26
Paid maternity leave (weeks)				
None	<14	14 – <18	18 – <26	≥26
Paid paternity leave (weeks)				

Not	Slightly	Moderately	Substantially
International Code of Marketing of Breastmilk Substitutes (alignment)			

✓	National minimum wage
✗	Child and family social protection

International conventions

✓	Convention on the Rights of the Child
✓	Convention on the Rights of Persons with Disabilities
✓	CRC Optional Protocol on the Sale of Children, Child Prostitution and Child Pornography
✓	Hague Convention on Protection of Children and Cooperation in Respect of Intercountry Adoption