



Estonia

Countdown to 2030

Women's, Children's & Adolescents' Health

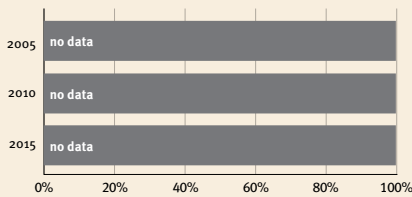
Demographics

| | |
|----------------------|-------------|
| Population | 1,326,062 |
| Annual births | 13,422 |
| Children under 5 | 70,085 (5%) |
| Under-five mortality | 2/1,000 |

Threats to Early Childhood Development

| | | | |
|--------------------|-----------|------------------------|---------|
| Maternal mortality | 5/100,000 | Adolescent birth rate | 8/1,000 |
| Low birthweight | 4% | Preterm births | 6% |
| Child poverty | no data | Under-five stunting | 1% |
| Violent discipline | no data | Inadequate supervision | no data |

Young children at risk of poor development



Risk by sex and residence



Children with functional difficulty

no data

Children developmentally on-track

no data

At risk in 2005, 2010 and 2015, using a composite indicator of under-five stunting or poverty

Support and services for early childhood development: Nurturing care

Parents and caregivers need a facilitating environment of laws, policies, services and community support to assist them in providing their young children with nurturing care.

Facilitating environments

| Policies | | | | | |
|---|--|------------|---------------|--------|------|
| ✓ | Officially adopted national multisectoral ECD policy | | | | |
| | <20% | 20-39% | 40-59% | 60-79% | ≥80% |
| Child and family social protection | | | | | |
| None | <14 | 14 - <18 | 18 - <26 | ≥26 | |
| Maternity leave (weeks) | | | | | |
| None | <14 | 14 - <18 | 18 - <26 | ≥26 | |
| Paternity leave (weeks) | | | | | |
| Not | Slightly | Moderately | Substantially | | |
| International Code of Marketing of Breastmilk Substitutes (alignment) | | | | | |

Health

Treatment for HIV+ pregnant women

Careseeking for child pneumonia: no data

Postnatal visits: no data

Antenatal care (4 or more visits): 97%

Nutrition

Early initiation of breastfeeding: no data

Exclusive breastfeeding: no data

Minimum acceptable diet: no data

Early learning

Early stimulation at home: no data

Children's books in the home: no data

Playthings at home: no data

Attendance in early childhood education: no data

Security and safety

Birth registration: 100%

Positive discipline: no data

Basic drinking water: >99%

Basic sanitation: >99%

Responsive caregiving

Public information about ECD

Parental mental health

Parent support (groups, home visits)

Quality child day care

Comparative country data urgently needed

International conventions

| | |
|---|--|
| ✓ | Convention on the Rights of the Child |
| ✓ | Convention on the Rights of Persons with Disabilities |
| ✓ | CRC Optional Protocol on the Sale of Children, Child Prostitution and Child Pornography |
| ✓ | Hague Convention on Protection of Children and Cooperation in Respect of Intercountry Adoption |