



Portugal

Countdown to 2030

Women's, Children's & Adolescents' Health

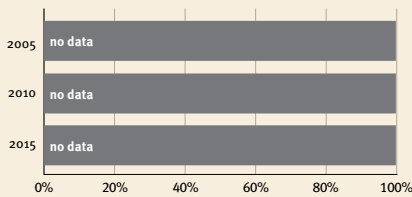
Demographics

| | |
|----------------------|--------------|
| Population | 10,270,865 |
| Annual births | 80,033 |
| Children under 5 | 425,476 (4%) |
| Under-five mortality | 3/1,000 |

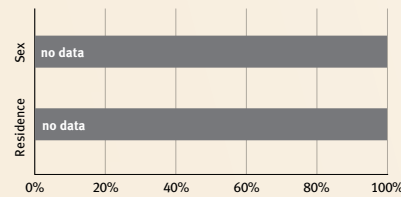
Threats to Early Childhood Development

| | | | |
|--------------------|------------|------------------------|---------|
| Maternal mortality | 12/100,000 | Adolescent birth rate | 6/1,000 |
| Low birthweight | 9% | Preterm births | 8% |
| Child poverty | no data | Under-five stunting | 3% |
| Violent discipline | no data | Inadequate supervision | no data |

Young children at risk of poor development



Risk by sex and residence



Children with functional difficulty

no data

Children developmentally on-track

no data

At risk in 2005, 2010 and 2015, using a composite indicator of under-five stunting or poverty

Support and services for early childhood development: Nurturing care

Parents and caregivers need a facilitating environment of laws, policies, services and community support to assist them in providing their young children with nurturing care.

Facilitating environments

Health

- Treatment for HIV+ pregnant women: **no data**
- Careseeking for child pneumonia: **no data**
- Postnatal visits: **no data**
- Antenatal care (4 or more visits): **no data**

Nutrition

- Early initiation of breastfeeding: **no data**
- Exclusive breastfeeding: **no data**
- Minimum acceptable diet: **no data**

Early learning

- Early stimulation at home: **no data**
- Children's books in the home: **no data**
- Playthings at home: **no data**
- Attendance in early childhood education: **no data**



Responsive caregiving

- Public information about ECD
- Parental mental health
- Parent support (groups, home visits)
- Quality child day care
- Comparative country data urgently needed

Security and safety

- Birth registration: 100%
- Positive discipline: **no data**
- Basic drinking water: >99%
- Basic sanitation: >99%

| Policies | | | | | |
|---|------|----------|------------|---------------|------|
| | <20% | 20-39% | 40-59% | 60-79% | ≥80% |
| Officially adopted national multisectoral ECD policy | X | | | | |
| Child and family social protection | None | <14 | 14 - <18 | 18 - <26 | ≥26 |
| Maternity leave (weeks) | None | <14 | 14 - <18 | 18 - <26 | ≥26 |
| Paternity leave (weeks) | Not | Slightly | Moderately | Substantially | |
| International Code of Marketing of Breastmilk Substitutes (alignment) | | | | | |

| International conventions | |
|---------------------------|--|
| ✓ | Convention on the Rights of the Child |
| ✓ | Convention on the Rights of Persons with Disabilities |
| ✓ | CRC Optional Protocol on the Sale of Children, Child Prostitution and Child Pornography |
| ✓ | Hague Convention on Protection of Children and Cooperation in Respect of Intercountry Adoption |