



## Sao Tome and Principe

#### Countdown to 2030

Women's, Children's & Adolescents' Health

#### **Demographics**

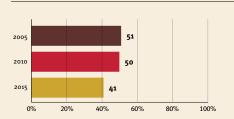
Population	227,380
Annual births	6,370
Children under 5	30,498 (13%)
Under-five mortality	15/1,000

#### **Threats to Early Childhood Development**

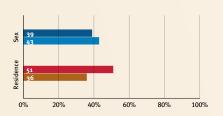
Maternal mortality	146/100,000
Low birthweight	11%
Child poverty	29%
Violent discipline	80%

1	Adolescent birth rate	86/1,000
	Preterm births	11%
Ī	Under-five stunting	10%
	nadequate supervision	21%

### Young children at risk of poor development



Risk by sex and residence



Postnatal visits

Health
Treatment for HIV+

Antenatal care

(4 or more

visits)



Nutrition

Early initiation of breastfeeding

breastfeeding

Exclusive

Minimum acceptable diet

At risk in 2005, 2010 and 2015, using a composite indicator of under-five stunting or poverty

# Support and services for early childhood development:

#### **Nurturing care**

Parents and caregivers need a facilitating environment of laws, policies, services and community support to assist them in providing their young children with nurturing care.

#### Early learning

Early stimulation at home

education

Careseeking

for child

6% Attendance in early childhood

Children's

71%

**Playthings** 

Security

## Responsive caregiving

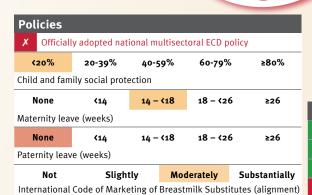
50% 75%

Public information about ECD
Parental mental health
Parent support (groups, home visits)
Quality child day care

?

Comparative country data urgently needed

# Facilitating environments



# and safety registration Positive discipline Basic drinking water Basic sanitation 0% 25% 50% 75% 100%

#### International conventions

- ✓ Convention on the Rights of the Child
- ✓ Convention on the Rights of Persons with Disabilities
- ✓ CRC Optional Protocol on the Sale of Children, Child Prostitution and Child Pornography
- X Hague Convention on Protection of Children and Cooperation in Respect of Intercountry Adoption