



Costa Rica

Countdown to 2030

Women's, Children's & Adolescents' Health

Demographics

Population	5,118,075
Annual births	51,253
Children under 5	270,553 (5%)
Under-five mortality	10/1,000

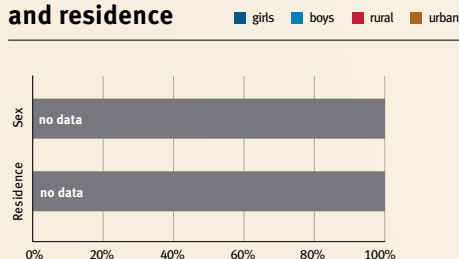
Threats to Early Childhood Development

Maternal mortality	24/100,000	Adolescent birth rate	25/1,000
Low birthweight	9%	Preterm births	14%
Child poverty	no data	Under-five stunting	11%
Violent discipline	53%	Inadequate supervision	7%

Young children at risk of poor development



Risk by sex and residence



Children with functional difficulty

7%

Children developmentally on-track

86%

At risk in 2005, 2010 and 2015, using a composite indicator of under-five stunting or poverty

Support and services for early childhood development: Nurturing care

Parents and caregivers need a facilitating environment of laws, policies, services and community support to assist them in providing their young children with nurturing care.

Facilitating environments

Policies				
✓	Officially adopted national multisectoral ECD policy			
≤20%	20-39%	40-59%	60-79%	≥80%
Child and family social protection				
None	<14	14 – <18	18 – <26	≥26
Maternity leave (weeks)				
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Paternity leave (weeks)				
Not	Slightly	Moderately	Substantially	
International Code of Marketing of Breastmilk Substitutes (alignment)				

Health

Treatment for HIV+ pregnant women

Careseeking for child pneumonia

42%

Postnatal visits

92%

Antenatal care (4 or more visits)

94%

Early learning

Early stimulation at home

76%

Children's books in the home

39%

Playthings at home

82%

Attendance in early childhood education

44%

Nutrition

Early initiation of breastfeeding

53

Exclusive breastfeeding

25

Minimum acceptable diet

no data

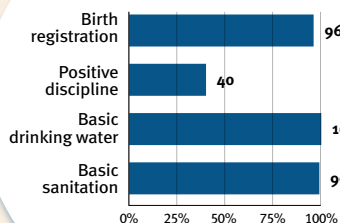
Responsive caregiving

Public information about ECD
Parental mental health
Parent support (groups, home visits)
Quality child day care

?

Comparative country data urgently needed

Security and safety



International conventions

✓	Convention on the Rights of the Child
✓	Convention on the Rights of Persons with Disabilities
✓	CRC Optional Protocol on the Sale of Children, Child Prostitution and Child Pornography
✓	Hague Convention on Protection of Children and Cooperation in Respect of Intercountry Adoption