



## Lesotho

## Countdown to 2030

Women's, Children's & Adolescents' Health

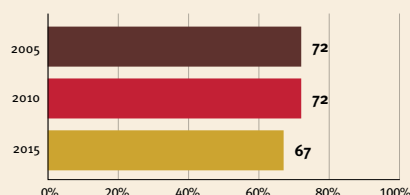
### Demographics

Population	2,324,448
Annual births	55,542
Children under 5	263,353 (11%)
Under-five mortality	59/1,000

### Threats to Early Childhood Development

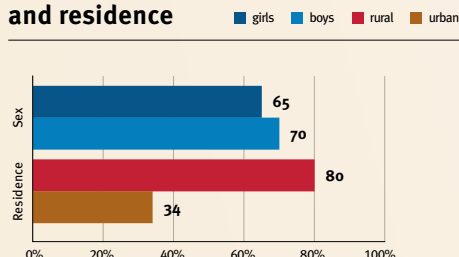
Maternal mortality	478/100,000	Adolescent birth rate	53/1,000
Low birthweight	14%	Preterm births	12%
Child poverty	54%	Under-five stunting	35%
Violent discipline	83%	Inadequate supervision	17%

### Young children at risk of poor development



At risk in 2005, 2010 and 2015, using a composite indicator of under-five stunting or poverty

### Risk by sex and residence



### Children with functional difficulty

8%

### Children developmentally on-track

73%

## Support and services for early childhood development: Nurturing care

Parents and caregivers need a facilitating environment of laws, policies, services and community support to assist them in providing their young children with nurturing care.

## Facilitating environments

Policies				
✓	Officially adopted national multisectoral ECD policy			
<20%	20-39%	40-59%	60-79%	≥80%
Child and family social protection				
None	<14	14 – <18	18 – <26	≥26
Maternity leave (weeks)				
None	<14	14 – <18	18 – <26	≥26
Paternity leave (weeks)				
Not	Slightly	Moderately	Substantially	
International Code of Marketing of Breastmilk Substitutes (alignment)				

### Health

Treatment for HIV+ pregnant women

94%

Careseeking for child pneumonia

58%

Antenatal care (4 or more visits)

77%

Postnatal visits

84%

### Nutrition

Early initiation of breastfeeding

67

Exclusive breastfeeding

61

Minimum acceptable diet

10

### Early learning

Early stimulation at home

28%

Children's books in the home

3%

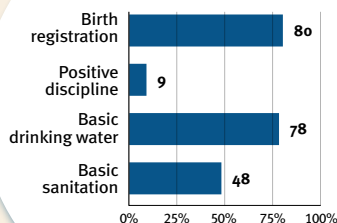
Attendance in early childhood education

46%

Playthings at home

57%

### Security and safety



### Responsive caregiving

Public information about ECD  
Parental mental health  
Parent support (groups, home visits)  
Quality child day care

?

Comparative country data urgently needed

### International conventions

✓	Convention on the Rights of the Child
✓	Convention on the Rights of Persons with Disabilities
✓	CRC Optional Protocol on the Sale of Children, Child Prostitution and Child Pornography
✓	Hague Convention on Protection of Children and Cooperation in Respect of Intercountry Adoption