



Panama

Countdown to 2030

Women's, Children's & Adolescents' Health

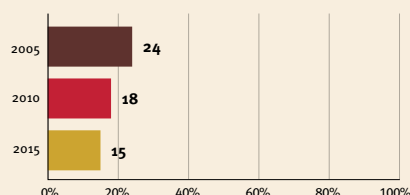
Demographics

Population	4,487,488
Annual births	71,650
Children under 5	355,849 (8%)
Under-five mortality	13/1,000

Threats to Early Childhood Development

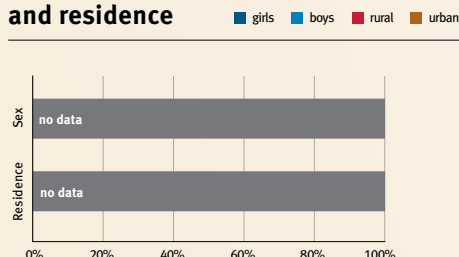
Maternal mortality	37/100,000	Adolescent birth rate	52/1,000
Low birthweight	10%	Preterm births	8%
Child poverty	no data	Under-five stunting	14%
Violent discipline	45%	Inadequate supervision	3%

Young children at risk of poor development



At risk in 2005, 2010 and 2015, using a composite indicator of under-five stunting or poverty

Risk by sex and residence



Children with functional difficulty

no data

Children developmentally on-track

80%

Support and services for early childhood development: Nurturing care

Parents and caregivers need a facilitating environment of laws, policies, services and community support to assist them in providing their young children with nurturing care.

Facilitating environments

Policies				
✓	Officially adopted national multisectoral ECD policy			
<20%	20-39%	40-59%	60-79%	≥80%
Child and family social protection				
None	<14	14 – <18	18 – <26	≥26
Maternity leave (weeks)				
None	<14	14 – <18	18 – <26	≥26
Paternity leave (weeks)				
Not	Slightly	Moderately	Substantially	
International Code of Marketing of Breastmilk Substitutes (alignment)				

Health

Treatment for HIV+ pregnant women

Careseeking for child pneumonia

86%

Postnatal visits

92%

Antenatal care (4 or more visits)

88%

Early learning

Early stimulation at home

74%

Children's books in the home

26%

Playthings at home

69%

Attendance in early childhood education

37%

Nutrition

Early initiation of breastfeeding

55

Exclusive breastfeeding

21

Minimum acceptable diet

no data

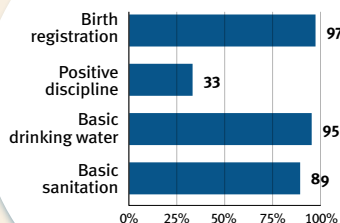
Responsive caregiving

Public information about ECD
Parental mental health
Parent support (groups, home visits)
Quality child day care

?

Comparative country data urgently needed

Security and safety



International conventions

✓	Convention on the Rights of the Child
✓	Convention on the Rights of Persons with Disabilities
✓	CRC Optional Protocol on the Sale of Children, Child Prostitution and Child Pornography
✓	Hague Convention on Protection of Children and Cooperation in Respect of Intercountry Adoption