



Portugal

Countdown to 2030

Women's, Children's & Adolescents' Health

Demographics

Population	10,430,651
Annual births	86,151
Children under 5	425,637 (4%)
Under-five mortality	3/1,000

Threats to Early Childhood Development

Maternal mortality	15/100,000	Adolescent birth rate	6/1,000
Low birthweight	9%	Preterm births	8%
Child poverty	no data	Under-five stunting	3%
Violent discipline	no data	Inadequate supervision	no data

Young children at risk of poor development



Risk by sex and residence



Children with functional difficulty

no data

Children developmentally on-track

no data

At risk in 2005, 2010 and 2015, using a composite indicator of under-five stunting or poverty

Support and services for early childhood development: Nurturing care

Parents and caregivers need a facilitating environment of laws, policies, services and community support to assist them in providing their young children with nurturing care.

Facilitating environments

Policies				
X	Officially adopted national multisectoral ECD policy			
<20%	20-39%	40-59%	60-79%	≥80%
Child and family social protection				
None	<14	14 – <18	18 – <26	≥26
Maternity leave (weeks)				
None	<14	14 – <18	18 – <26	≥26
Paternity leave (weeks)				
Not	Slightly	Moderately	Substantially	
International Code of Marketing of Breastmilk Substitutes (alignment)				

Health

Treatment for HIV+ pregnant women

no data

Careseeking for child pneumonia

no data

Postnatal visits

no data

Antenatal care (4 or more visits)

no data

Nutrition

Early initiation of breastfeeding

no data

Exclusive breastfeeding

no data

Minimum acceptable diet

no data

Early learning

Early stimulation at home

no data

Children's books in the home

no data

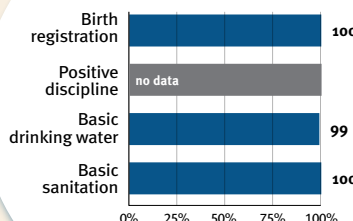
Playthings at home

no data

Attendance in early childhood education

no data

Security and safety



Responsive caregiving

Public information about ECD
Parental mental health
Parent support (groups, home visits)
Quality child day care

?

Comparative country data urgently needed

International conventions

✓	Convention on the Rights of the Child
✓	Convention on the Rights of Persons with Disabilities
✓	CRC Optional Protocol on the Sale of Children, Child Prostitution and Child Pornography
✓	Hague Convention on Protection of Children and Cooperation in Respect of Intercountry Adoption