



Sao Tome and Principe

Countdown to 2030

Women's, Children's & Adolescents' Health

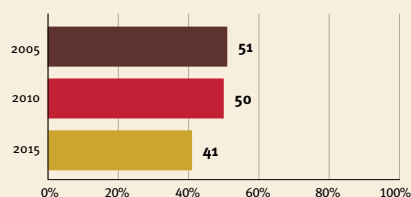
Demographics

Population	233,185
Annual births	6,617
Children under 5	31,174 (13%)
Under-five mortality	14/1,000

Threats to Early Childhood Development

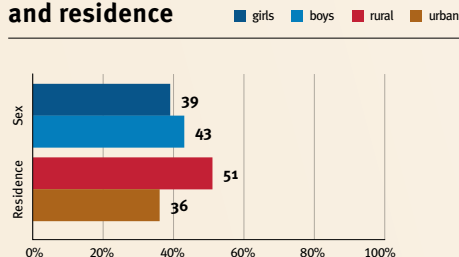
Maternal mortality	75/100,000	Adolescent birth rate	86/1,000
Low birthweight	11%	Preterm births	11%
Child poverty	29%	Under-five stunting	10%
Violent discipline	80%	Inadequate supervision	21%

Young children at risk of poor development



At risk in 2005, 2010 and 2015, using a composite indicator of under-five stunting or poverty

Risk by sex and residence



Children with functional difficulty

5%

Children developmentally on-track

63%

Support and services for early childhood development: Nurturing care

Parents and caregivers need a facilitating environment of laws, policies, services and community support to assist them in providing their young children with nurturing care.

Facilitating environments

Policies

X	Officially adopted national multisectoral ECD policy				
	<20%	20-39%	40-59%	60-79%	≥80%
Child and family social protection					
None	<14	14 – <18	18 – <26	≥26	
Maternity leave (weeks)					
None	<14	14 – <18	18 – <26	≥26	
Paternity leave (weeks)					
Not	Slightly	Moderately	Substantially		
International Code of Marketing of Breastmilk Substitutes (alignment)					

Health

Treatment for HIV+ pregnant women

Careseeking for child pneumonia

87%

Postnatal visits

84%

Antenatal care (4 or more visits)

84%

Early learning

Early stimulation at home

43%

Playthings at home

71%

Children's books in the home

6%

Attendance in early childhood education

35%

Nutrition

Early initiation of breastfeeding

36

Exclusive breastfeeding

63

Minimum acceptable diet

22

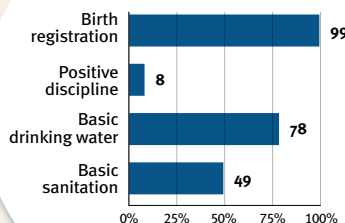
Responsive caregiving

Public information about ECD
Parental mental health
Parent support (groups, home visits)
Quality child day care

?

Comparative country data urgently needed

Security and safety



International conventions

✓	Convention on the Rights of the Child
✓	Convention on the Rights of Persons with Disabilities
✓	CRC Optional Protocol on the Sale of Children, Child Prostitution and Child Pornography
X	Hague Convention on Protection of Children and Cooperation in Respect of Intercountry Adoption