



Nepal

Countdown to 2030

Women's, Children's & Adolescents' Health

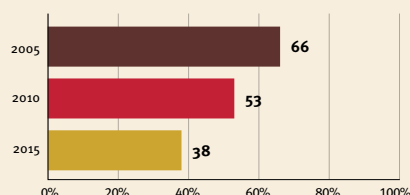
Demographics

Population	29,673,950
Annual births	562,232
Children under 5	2,763,372 (9%)
Under-five mortality	26/1,000

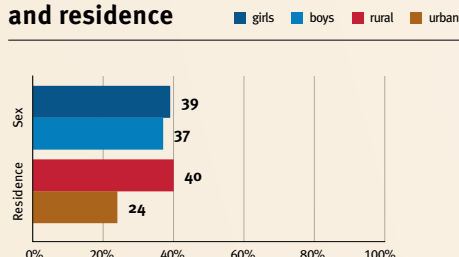
Threats to Early Childhood Development

Maternal mortality	142/100,000	Adolescent birth rate	71/1,000
Low birthweight	20%	Preterm births	14%
Child poverty	12%	Under-five stunting	26%
Violent discipline	75%	Inadequate supervision	25%

Young children at risk of poor development



Risk by sex and residence



Children with functional difficulty

2%

Children developmentally on-track

65%

At risk in 2005, 2010 and 2015, using a composite indicator of under-five stunting or poverty

Support and services for early childhood development: Nurturing care

Parents and caregivers need a facilitating environment of laws, policies, services and community support to assist them in providing their young children with nurturing care.

Facilitating environments

Policies				
✓	Officially adopted national multisectoral ECD policy			
<20%	20-39%	40-59%	60-79%	≥80%
Child and family social protection				
None	<14	14 – <18	18 – <26	≥26
Maternity leave (weeks)				
None	<14	14 – <18	18 – <26	≥26
Paternity leave (weeks)				
Not	Slightly	Moderately	Substantially	
International Code of Marketing of Breastmilk Substitutes (alignment)				

Health

Treatment for HIV+ pregnant women

Careseeking for child pneumonia

65%

Postnatal visits

70%

Antenatal care (4 or more visits)

81%

Early learning

Early stimulation at home

73%

Playthings at home

66%

Children's books in the home

3%

Attendance in early childhood education

62%

Nutrition

Early initiation of breastfeeding

55%

Exclusive breastfeeding

56%

Minimum acceptable diet

43%

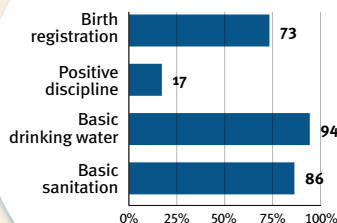
Responsive caregiving

Public information about ECD
Parental mental health
Parent support (groups, home visits)
Quality child day care

?

Comparative country data urgently needed

Security and safety



International conventions

✓	Convention on the Rights of the Child
✓	Convention on the Rights of Persons with Disabilities
✓	CRC Optional Protocol on the Sale of Children, Child Prostitution and Child Pornography
✓	Hague Convention on Protection of Children and Cooperation in Respect of Intercountry Adoption